

PM ATTACHMENT 3.10.2, Substance Use/Psychiatric Symptomatology Table

Category of Substance	Type of symptoms seen with use pattern			Resolution Period
	Mild Use Uses no more than 1-2 times/wk; does not use to severe intoxication; no observable impairment.	Moderate Use Uses regularly, but not usually to severe intoxication; and/or episodes of severe intoxication occur, but once/wk or less; and/or presence of negative outcomes (hangover, money loss), but not severe.	Heavy Use Uses regularly (more than 2x/wk) to point of severe intoxication; significant impairment, negative outcomes noted, such as ER visits, fights, can't pay rent, medical complications of substance dependence (liver disease, hemorrhage, etc.)	Persistence of symptoms/impairment past this period is sufficient for psychiatric diagnosis.
Alcohol Benzodiazepines Sedatives	None	Anxiety, depression, not dysfunctional	Hallucinosi s, not psychosis Patient usually reports hearing "voices", content non-bizarre, good reality testing, no thought disorder or bizarre behavior.	30 days

PM ATTACHMENT 3.10.2, Substance Use/Psychiatric Symptomatology Table

Category of Substance	Type of symptoms seen with use pattern			Resolution Period
	<p>Mild Use Uses no more than 1-2 times/wk; does not use to severe intoxication; no observable impairment.</p>	<p>Moderate Use Uses regularly, but not usually to severe intoxication; and/or episodes of severe intoxication occur, but once/wk or less; and/or presence of negative outcomes (hangover, money loss), but not severe.</p>	<p>Heavy Use Uses regularly (more than 2x/wk) to point of severe intoxication; significant impairment, negative outcomes noted, such as ER visits, fights, can't pay rent, medical complications of substance dependence (liver disease, hemorrhage, etc.)</p>	<p>Persistence of symptoms/impairment past this period is sufficient for psychiatric diagnosis.</p>
			<p>Anxiety Mood instability Patients occasionally can develop a first true manic episode during withdrawal Personality disorder</p>	<p>30-90 days Most severe symptoms will resolve (if they do) within 30 days - disability/fragility may persist longer.</p>

PM ATTACHMENT 3.10.2, Substance Use/Psychiatric Symptomatology Table

Category of Substance	Type of symptoms seen with use pattern			Resolution Period
	Mild Use Uses no more than 1-2 times/wk; does not use to severe intoxication; no observable impairment.	Moderate Use Uses regularly, but not usually to severe intoxication; and/or episodes of severe intoxication occur, but once/wk or less; and/or presence of negative outcomes (hangover, money loss), but not severe.	Heavy Use Uses regularly (more than 2x/wk) to point of severe intoxication; significant impairment, negative outcomes noted, such as ER visits, fights, can't pay rent, medical complications of substance dependence (liver disease, hemorrhage, etc.)	Persistence of symptoms/impairment past this period is sufficient for psychiatric diagnosis.
Stimulants (cocaine, Methamphetamine)	Mild anxiety, depression	Anxiety/panic, depression, mood instability	More severe anxiety & depression Personality disorder symptoms	30 days (mild/moderate) 30-90 days (heavy)

PM ATTACHMENT 3.10.2, Substance Use/Psychiatric Symptomatology Table

Category of Substance	Type of symptoms seen with use pattern			Resolution Period
	Mild Use Uses no more than 1-2 times/wk; does not use to severe intoxication; no observable impairment.	Moderate Use Uses regularly, but not usually to severe intoxication; and/or episodes of severe intoxication occur, but once/wk or less; and/or presence of negative outcomes (hangover, money loss), but not severe.	Heavy Use Uses regularly (more than 2x/wk) to point of severe intoxication; significant impairment, negative outcomes noted, such as ER visits, fights, can't pay rent, medical complications of substance dependence (liver disease, hemorrhage, etc.)	Persistence of symptoms/impairment past this period is sufficient for psychiatric diagnosis.
			Paranoid psychosis	30 days
Hallucinogens (Mescaline, LSD,	Anxiety & depression,	Anxiety & depression	Psychosis	Usually 30 days

PM ATTACHMENT 3.10.2, Substance Use/Psychiatric Symptomatology Table

Category of Substance	Type of symptoms seen with use pattern			Resolution Period
Peyote)	<p>Mild Use Uses no more than 1-2 times/wk; does not use to severe intoxication; no observable impairment.</p>	<p>Moderate Use Uses regularly, but not usually to severe intoxication; and/or episodes of severe intoxication occur, but once/wk or less; and/or presence of negative outcomes (hangover, money loss), but not severe.</p>	<p>Heavy Use Uses regularly (more than 2x/wk) to point of severe intoxication; significant impairment, negative outcomes noted, such as ER visits, fights, can't pay rent, medical complications of substance dependence (liver disease, hemorrhage, etc.)</p>	<p>Persistence of symptoms/impairment past this period is sufficient for psychiatric diagnosis.</p>
	<p>Occasional psychosis or severe panic A single episode of hallucinogen use can occasionally precipitate psychosis or severe panic. This may also happen with methamphetamine</p>	<p>Flashbacks/hallucinotic experiences Sometimes, psychosis, panic, mood instability</p>	<p>Severe panic, mood instability,</p>	<p>Up to 90 days</p>

PM ATTACHMENT 3.10.2, Substance Use/Psychiatric Symptomatology Table

Category of Substance	Type of symptoms seen with use pattern			Resolution Period
	Mild Use Uses no more than 1-2 times/wk; does not use to severe intoxication; no observable impairment.	Moderate Use Uses regularly, but not usually to severe intoxication; and/or episodes of severe intoxication occur, but once/wk or less; and/or presence of negative outcomes (hangover, money loss), but not severe.	Heavy Use Uses regularly (more than 2x/wk) to point of severe intoxication; significant impairment, negative outcomes noted, such as ER visits, fights, can't pay rent, medical complications of substance dependence (liver disease, hemorrhage, etc.)	Persistence of symptoms/impairment past this period is sufficient for psychiatric diagnosis.
Opiates	None	Mild-moderate anxiety & depression	More severe anxiety & depression, personality disorder symptoms	60-90 days
			Occasional psychotic symptoms, during withdrawal only	7-10 days
Category of	Type of symptoms seen with use pattern			Resolution Period

PM ATTACHMENT 3.10.2, Substance Use/Psychiatric Symptomatology Table

Substance	Mild Use Smoking a single marijuana cigarette 1 - 2 times/wk	Moderate Use One or two marijuana cigarettes 3 -5 times/wk	Heavy Use Two or more marijuana cigarettes daily	Persistence of symptoms/impairment past this period is sufficient for psychiatric diagnosis.
Marijuana (cannabis sativa)	None	Mental confusion, agitation, feelings of panic	Acute toxic psychosis, paranoia, disorientation, severe agitation, depersonalization	Moderate - 24 - 72 hours Heavy - 30 to 60 days For heavy marijuana users, persistent anxiety, panic attacks, and mood/thought alteration may last up to 90 days.