Complex Care Services

A whole-health approach addresses the mind, body and spirit and incorporates the complex and multi-variable challenges faced by people with serious mental illness

Chronic Medical Conditions

Bronchial Asthma

Diabetes Mellitus

Heart Disease

Obesity, BMI >25

Risk & Resiliency Factors

Abuse/Neglect

Past Trauma

Stressors

Poverty

Lack of Social Support/ Connectedness

Impactible Behaviors

Healthy Eating

Physical Activity

Smoking Cessation

Community & Family Integration

Behavioral Health Conditions

Serious Mental Illness (Schizophrenia, Bipolar Disorder, Major Depressive Disorder)

Substance Use Disorder