

NEWS RELEASE

Magellan Health Services of Arizona
4801 E. Washington Street
Phoenix, AZ 85034
www.MagellanofAZ.com



FOR IMMEDIATE RELEASE
Sept. 6, 2012

Events Highlight Recovery Month

Magellan and Partners to Host Arts Jam Sept. 7

Spotlighting Recovery through Readings, Art, Music and Dance

PHOENIX – “Recovery works!” exclaims Jill Hogan. Now Hogan runs a successful pet sitting business in the East Valley. She can’t believe she made it to her 50th birthday as she attempted suicide numerous times – the first time when she was just 16 years old.

“Recovery is not an event, it is a journey that happens when we refuse to be a victim of our symptoms,” Hogan added. After struggling with depression and other mental illness for decades, now Hogan is in recovery and she says “my worst day now is still better than my best day before.”

September is National Recovery Month. Recovery Month promotes the societal benefits of prevention, treatment, and recovery for mental and substance use disorders, celebrates people in recovery, lauds the contributions of treatment and service providers, and promotes the message that recovery in all its forms is possible.

Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover. Jill is just one recovery success story. See more Arizonan’s recovery success stories at www.OneinFour.info.

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About Magellan Health Services of Arizona

Magellan Health Services of Arizona is the Regional Behavioral Health Authority for central Arizona, which includes all of Maricopa County and part of Pinal County. In this role, Magellan serves as a critical point of connection to the more than 80,000 individuals who have experienced life challenges as a result of mental illness and substance abuse. Magellan gives these individuals voice and choice to realize their desired outcomes and supports them with caring, unrivaled customer service that is sensitive to the diversity of our communities. For more information, visit www.MagellanofAZ.com or call Magellan of Arizona at (800) 564-5465, TTY (800) 424-9831. Information is available in English and Spanish.

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Recovery Month/Add 1

In recognition of Recovery Month, Magellan Health Services of Arizona, together with PSA Art Awakenings, Family Involvement Center, TERROS, Asian Pacific Community in Action, and National Alliance on Mental Illness (NAMI) Phoenix are hosting the **Recovery and Resiliency Arts Jam**. This fun-filled poetry, spoken word, music and dance performance event will be held Friday, Sept. 7 from 4 p.m. to 7p.m. at Warehouse 1005 at 1005 N. 1st St., Phoenix, AZ 85004.

At the event, Magellan will be collecting stories of recovery. Magellan is seeking stories, poems and drawings related to the recovery journeys of those in central Arizona's behavioral health system! If you are a member and are unable to attend the event, but would like to share your recovery story, contact Cyndi Bloom at MagellanofAZ@MagellanHealth.com. Stories will be collected through Sept. 30, 2012.

For more information about Magellan, eligibility for and available services, contact Magellan Member Services at 1-800-564-5465, or Member Services TTY line at 1-800-424-9831, or visit www.MagellanofAZ.com. For more information on Recovery Month visit www.recoverymonth.gov.

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To arrange an interview with Jill Hogan, or any other people whose stories appear on www.OneinFour.info, please call Mary Ehlert at (602) 350-6432.

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