

2011

Women's Treatment Directory





Community Bridges: Center for Hope

Location: Mesa, AZ

Facility Type: Residential
Co-Occurring Level: Capable
Population Served: SA, SA/GMH, SA/SMI

Kimberly Craig, VP Women's and Children's Programs
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Referral/Admission line:
Contact: Joy Weiner
Phone: 480-461-1711

Specialty Services for Women

Center for Hope is a long term specialty program for pregnant women and their children. The program provides trauma gender specific services to meet the unique needs of the women and children. Staff consists of LPC's, LISAC's, LMSW's and MFT who have received specialized training to address prevalence of post partum mood disturbance, trauma and substance abuse. They work in collaboration with community partners to address the mental health issues of women residing in their program.

Program Information

The average length of stay in the program is approximately 12 months (based on continued stay criteria). Program participants live at a 20,000 square foot campus and receive behavioral health and substance abuse services on site. Eight of the women in the program may have one child age four and under in their care. Children and infants receive services onsite in the child development center. The program is comprehensive, with services to address prenatal care, health and wellness, parenting, life skills, trauma recovery, relapse prevention, relationships, GED preparation /testing, as well as vocational services. Women who complete the program are also eligible for permanent supportive housing and rental assistance as they transition back into the community. Center for Hope provides ongoing long term support to program alumni through their Continuing Care Program on an outpatient basis.

Community Bridges: ASPIRE

Location: Mesa, AZ

Facility Type: Outpatient
Co-Occurring Level: Capable
Population Served: SA, SA/GMH, SA/SMI

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Referral/Admission line:
Contact: Shelley Ryan
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Specialty Services for Women

ASPIRE is a specialty outpatient program for women. The program provides trauma gender specific services to meet the unique needs of the women with substance abuse/ co-occurring disorders. Staff members include Licensed Professional Counselor's (LPC), Licensed Independent Substance Abuse Counselor's (LISAC) and Licensed Master of Social Workers (LMSW) who have received specialized training to address prevalence of trauma and substance abuse. ASPIRE work in collaboration with community partners to address the mental health issues of women residing in the program.

Program Information

Their treatment philosophy is that women experience better outcomes when treated at a gender-specific, holistic treatment program that meets not only their substance abuse and mental health treatment needs, but also provides a host of gender-specific services that lead to fuller community involvement and integration. The program recognizes and is designed to address the high prevalence of physical, sexual, and psychological trauma and violence experienced by women with substance abuse problems. It offers women, group and individual counseling, transportation assistance, on-site child care room (to enable mothers to attend group and individual sessions), a resource center for job search and internet access, supportive housing and rental assistance, peer recovery support, intensive case management services, and a supportive environment that promotes empowerment and personal independence, and recovery.



Chicanos Por La Causa: De Colores Domestic Violence Shelter

Location: Phoenix, AZ

Facility Type: Residential
Co-Occurring Level: Capable
Population Served: Women & Children

Marbiel Castro, Program Manager
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Referral/Admission line:
Contact: Main number
Phone: 602-269-1515

Specialty Services for Women

De Colores is a domestic violence shelter for Latina women and their children. The shelter serves Latina women and their children and is able to provide services to bilingual services. Women are provided education on domestic violence, lay legal assistance and case management services

Program Information

De Colores is a domestic violence shelter that has bed capacity of 58 in the crisis program and 42 in the transitional living program. All women and children have witnessed or experienced domestic violence. The staff of De Colores are bi-lingual (Spanish) & bi-cultural.

Ebony House: Elba House

Location: Phoenix, AZ

Facility Type: Residential
Co-Occurring Level: Capable
Population Served: Women & Children

Dora Jackson, Clinical Director
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Referral/Admission line:
Contact: Main number
Phone: 602-254-6137

Specialty Services for Women

Elba House offers a supervised therapeutic environment providing 24-hour rehabilitative treatment for adult females. Comprehensive treatment modalities, utilizing cognitive behavioral therapy, offering individual therapy, one-to-one counseling, parenting skills and peer groups. This program uses holistic group methodology that targets anger management/conflict resolution, cocaine addiction, co-dependency, family grief and loss, alcohol addiction, single and poly-substance additions, relapse, domestic violence, and other co-occurring issues. Ebony House primarily serves the African-American population; however, individuals from other ethnic backgrounds have embraced and adopted the mission of Ebony House.

Program Information

Elba House is a residential program for women offering on-site licensed counselors, case managers, peer support and other support service staff who have the ability to deliver services in Spanish. Residential treatment requires the client to be of legal age; clients age 18 through 20 may be accepted under warranted circumstances. There is no admission restriction based on prior treatment but those clients in need of detoxification must receive that service prior to admittance. No mood or mind-altering drugs are permissible, unless prescribed by a physician. All clients must be ambulatory and capable of caring for themselves. Clients are admitted into the program at the appropriate level of care as determined by The American Society of Addition Medicine (ASAM, PPC-2). Dependent Child Information: Ebony/Elba House has established an age range of up to 10 for children entering treatment with their parent. Ebony/Elba House has on-site childcare available.



La Frontera Arizona-EMPACT-SPC: STAR

Location: Tempe, AZ

Facility Type: Outpatient
Co-Occurring Level: Capable
Population Served: GMH/SA and SMI

Cherilyn DeBree, Clinical Director
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Referral/Admission line:
Contact: Main number
Phone: 480-784-1514

Specialty Services for Women

STAR has licensed professional counselors, licensed marriage and family therapists, psychiatric nurse practitioners, and peer support. The trained staff members help clients with trauma and abuse. Other languages and American Sign Language are available through an interpreting service at no cost to the client.

Program Information

STAR is a gender-specific trauma program for adults determined to have a serious mental illness (SMI) and adults receiving general mental health/substance abuse (GMHSA). STAR focuses on helping clients find safety, transformation and resilience. STAR is an outpatient program that provides a continuum of care with group counseling, individual and family counseling, and peer support. Modalities used include Dialectic Behavioral Therapy Skills, Cognitive Behavioral Therapy, and Eye Movement Desensitization and Reprocessing (EMDR). Psychiatric services are also available.

Family Service Agency

Location: Phoenix, AZ

Facility Type: Outpatient
Co-Occurring Level: Capable
Population Served: GMH/SA and SMI Adults

Clarice Parham, Clinical Director
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Referral/Admission line:
Contact: Main number
Phone: 602-264-9891

Specialty Services for Women

Family Service Agency has licensed counselors, employment programs, psychiatrist and a nurse practitioner. The trained staff member's serve clients with co-occurring disorders. Spanish speaking staff members are available and other languages, including American Sign Language are available through an interpreting service at no cost to the client.

Program Information

Family Service Agency's Outpatient program consists of out patient groups, SOP, Intensive Outpatient and aftercare for clients with dual diagnosis. The program provides a continuum of care with group counseling, individual and family counseling, and employment assistance. All programs have access to psychiatric services to assist in addressing both the mental health and substance abuse issues concurrently.



Native American Connections, Inc: Guiding Star

Location: Phoenix, AZ

Facility Type: Residential
Co-Occurring Level: Capable
Population Served: GMH/SA and SMI with

Helen Leonard, Clinical Supervisor
602-424-2060
h.leonard@nativeconnections.org

Referral/Admission line:

Contact: Main number
Phone: 602-424-2060

Specialty Services for Women

Guiding Star provides care from a primary behavioral health professional, or professional staff member under the supervision of a primary behavioral health professional, case managers, peer support, and child/family coordinator. A registered nurse provides monitoring of client medical needs. The trained staff members serve clients with co-occurring disorders. Staff members with language skills in several Native American dialects and Spanish are available. Other languages and American Sign Language are available through an interpreting service at no cost to the client.

Program Information

Guiding Star is a 32-bed unsecured women's residential substance abuse facility that serves individuals, age 18 and above, with a primary substance abuse disorder, and individuals with a primary substance abuse disorder and co-occurring other psychiatric disorder. Guiding Star is a specialty facility for pregnant/parenting women and their dependent children, which can also accommodate 24 children under the age of 13 to reside in treatment with their parent. The program provides a 24-hour a day therapeutic setting for clients and their dependent children that are blended with traditional Native American healing practices. The program provides a continuum of care with group, individual and family counseling, case management, parenting, and childcare for dependent children. Traditional healing practices include Talking Circle, Sweat Lodge and Red Road to Sobriety (White Bison). Evidenced based programs include Living in Balance, Seeking Safety, Motivational Interviewing and American Society of Addiction Medicine (ASAM). Blended programs include Positive Indian Parenting, Nutrition Education and Life Learning. A three day family program, Circle of Strength (developed by Native American Connections), is provided once a month. The program accepts clients on methadone/suboxone. The program has access to psychiatric services, including partnerships with third party agencies to assist in addressing both the mental health and substance abuse issues concurrently.

National Council on Alcoholism and Drug Dependence

Location: Phoenix, AZ

Facility Type: Outpatient
Co-Occurring Level: Capable
Population Served: GMH/SA and SMI Adults

Thelma Ross, CEO
602-264-6214
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Holly Williamson, Clinical Director
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Referral/Admission line:

Contact: Main Number
Phone: 602-264-6214
Contact: Healthy Connections
Phone: 602-274-3456

Specialty Services for Women

The National Council on Alcoholism and Drug Dependence (NCADD) has licensed counselors, vocational counselor, psychiatric nurse practitioner, psychologist, case managers and peer support. The trained staff members serve clients with co-occurring disorders. Spanish speaking staff members are available, and other languages and American Sign Language are available through an interpreting service at no cost to the client.

Program Information

NCADD's outpatient program consists of two levels of care and aftercare. The program provides a continuum of care with group counseling, individual and family counseling, GED preparation groups, vocational counseling, parenting, and credit counseling services, Dialectic Behavioral Therapy and dual diagnosis relapse prevention group. All programs accept clients on methadone/ suboxone. All programs have access to psychiatric services to assist in addressing both the mental health and substance abuse issues concurrently. NCADD also provides a supportive housing program for women and their children. Their Healthy Connections Program is an intensive case management program for pregnant women with substance abuse issues.



Lifewell Behavioral Wellness: Pinchot Gardens

Location: Phoenix, AZ

Facility Type: Residential
Co-Occurring Level: Capable
Population Served: GMH/SA and SMI

Dan Wheeler, Program Manager
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Referral/Admission line:
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Phone: 602-553-7300

Specialty Services for Women

New Arizona Family has clinicians who provide group and individual counseling services. The trained staff members work with clients who present with co-occurring disorders. Nurse practitioners provide psychiatric evaluation and medication monitoring services. Spanish speaking staff are available and other language services are available through an interpreting service.

Program Information

New Arizona Family provides counseling (individual, group and family), for substance abuse in a supportive structured environment. Relapse prevention, health and wellness, nutrition, independent living skills, stress management, substance abuse, psychiatric evaluations and medication services, childcare, parenting classes, and educational tutoring. Nursery for children five years of age and younger and intensive outpatient programs in the Mesa and Phoenix areas.

New Horizons Counseling

Location: Phoenix, AZ

Facility Type: Outpatient
Co-Occurring Level: Enhanced
Population Served: GMH/SA Adults and –

Jan Scouten, Clinical Director
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Referral/Admission line:
Contact: KC Carbello
Phone: 623-939-6567

Specialty Services for Women

New Horizon Counseling Services' has Masters level counselors, a psychiatric nurse practitioner (NP) who specializes in women's mental health issues, and case managers. The trained staff members serve clients with co-occurring disorders.

Program Information

New Horizons Counseling Service offers individual counseling for a wide range of women's issues with female counselors including a domestic violence group (for women offenders), a women's survivors group (for women victims and other women's Post Traumatic Syndrome Disorder issues), and a parenting program (female instructor). New Horizons also offers medication services by a female NP provider. In addition, they offer intensive case management program for pregnant women with substance abuse issues.



Northwest Organization for Voluntary Alternatives

Location: Glendale, AZ

Facility Type: Outpatient
Co-Occurring Level: Capable
Population Served: GMH/SA

Jae Tate Ujania –Clinical Director
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Referral/Admission line:
Contact: Main number
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Specialty Services for Women

Northwest Organization for Voluntary Alternatives (NOVA) has licensed counselors, licensed social workers, psychiatric nurse practitioners, substance abuse clinicians, managers, and peer support services. The trained staff members serve clients with co-occurring disorders. Spanish speaking staff members are available and other languages, including American Sign Language are available through an interpreting service at no cost to the client.

Program Information

NOVA outpatient program provides a continuum of care including medication management services, group counseling, and individual counseling. Group counseling may include Mood Light Group (for mood management), Women's Empowerment Group, Anger Management Group, and/or Substance Abuse Group (36-hour or 72-hour). Both Anger Management Group and Substance Abuse Group satisfy most court-required treatment. All programs have access to psychiatric services to assist in addressing both the mental health and substance abuse issues concurrently.

Valle Del Sol

Location: Phoenix, AZ

Facility Type: Outpatient
Co-Occurring Level: Capable
Population Served: GMH/SA Adults

Marleigh Parker -Clinical Director
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Referral/Admission line:
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Phone: 602-258-6797

Specialty Services for Women

Valle Del Sol has licensed and master's level counselors, bachelor's level clinicians, nurses, psychiatrists, and peer support. The trained staff members work with clients experiencing mental health and substance abuse issues. Spanish speaking staff members are available for all services.

Program Information

Valle Del Sol offers outpatient behavioral health services for AHCCCS and Substance Abuse Prevention and Treatment (SAPT) eligible recipients in the west, east and central parts of the Valley. They provide individual, family, and group counseling for mental health and for substance abuse concerns. They offer a variety of groups including a general mental health women's group and a women in recovery group. In addition, they have methadone and suboxone maintenance clinics in central Phoenix and two locations in the east Valley. In the maintenance program, group attendance is required as part of treatment. All programs have access to psychiatric services. Valle offers trauma informed services at all sites and offer in-home counseling services and group counseling at assisted living facilities for the geriatric population. Valle Del Sol also works with Magellan of Arizona in the Crisis Navigator Program and provides 14 days of peer support services after a crisis. Valle offers a youth in transition program to help young adult's age's 18-21 transition to the adult system, obtain their GEDs, apply for college, and learn life skills that will carry them successfully into adulthood. In addition, Valle offers DUI education and treatment groups as well as gender-specific Domestic Violence groups for Domestic Violence offenders as part of our court ordered treatment program. Valle Del Sol is a culturally competent agency that honors gender preference when working with a behavioral health professional.