



Magellan’s Total Health Integration Approach—A Reality Now

Why is integrated health important to behavioral health recipients?

Research shows that individuals challenged with serious mental illness **die 25 to 30 years younger** than their peers in the general population—and cite Arizona’s disparity at an even greater 32 years. This is largely because behavioral health issues are compounded by lifestyle risk factors such as tobacco use and obesity and chronic illness such as heart disease, lung disease, diabetes and high blood pressure and the reality of stigma that keeps many of these individuals from seeking health care in a typical setting.

More than 4,000 primary care visits have already been completed at six IHH clinics. Volume has continued to grow each quarter at existing clinics and more clinics will be opening soon (see map).

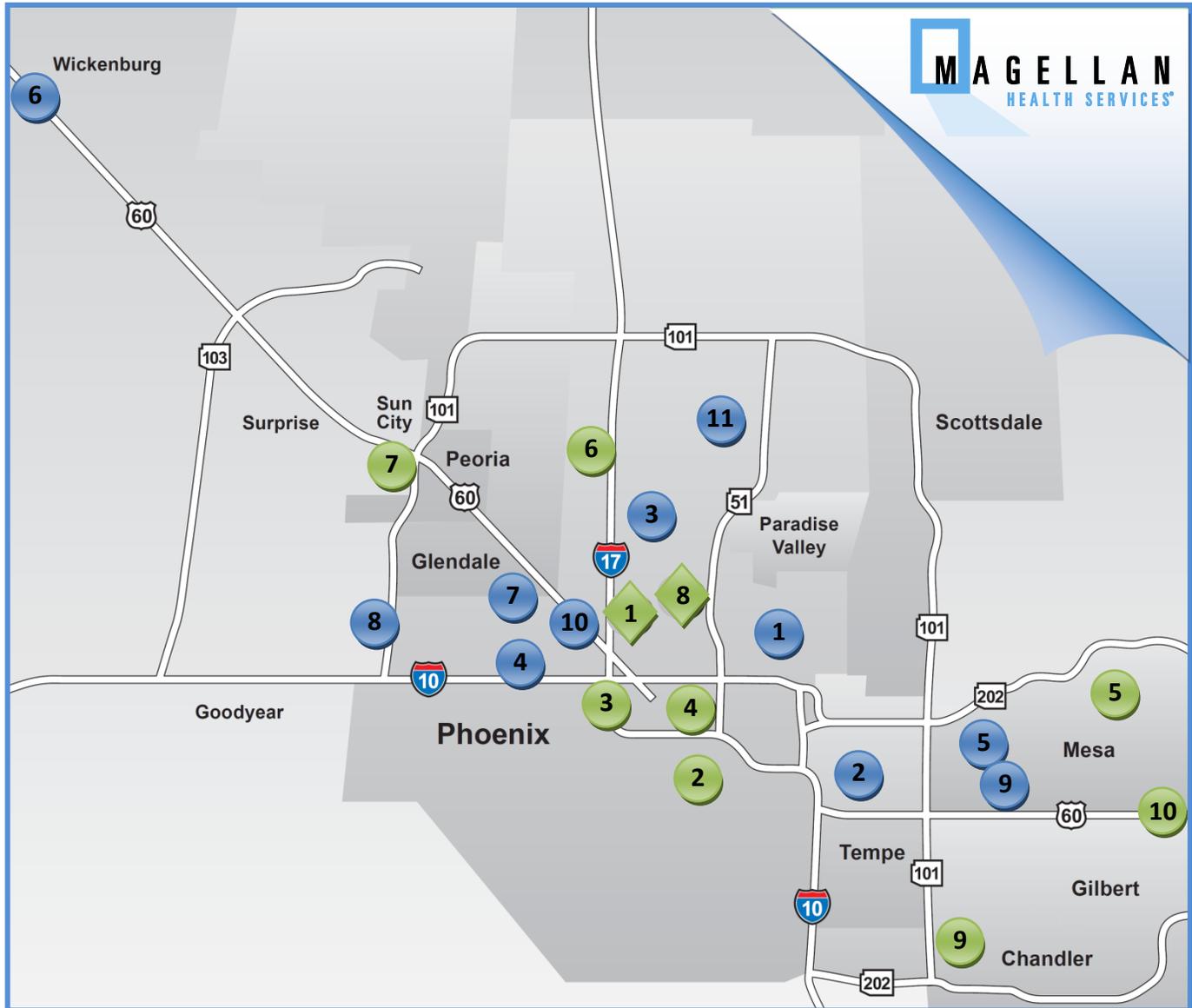
What outcomes has Magellan achieved through its integrated health approach?

Magellan has continuously expanded and deepened the system of care’s emphasis on integrated care and stronger whole health outcomes, advancing industry leading practices through our total health integration approach by:

- Establishing real-time access to key healthcare information between SMI clinic providers and physical health provider partners
- Equipping behavioral health and physical health providers with the tools to combine treatment plans into an integrated service plan
- Acquiring member permission to allow for all behavioral health and physical health information between providers and plans to be shared
- Creating an Arizona Smoker’s Helpline referral within the electronic health medical record of all SMI clinic providers
- Stratifying each person’s level of behavioral and physical health need by refreshing records regularly to align program and plan level supports based on need.
- Reducing gaps in screening for chronic physical health conditions; including 96% screening for obesity and 97% screening for heart disease.

Physical Health Screening Improvements Among Arizona’s SMI Population				
Screening	Obesity	High Blood Pressure	Diabetes	Heart Disease Cholesterol
Year one data collection (2011)	59%	64%	54%	30%
5/29/2013	96%	97%	70%	69%
Screening rate change from 2011 to 2013	+63%	+52%	+30%	+130%

Integrated Health Homes in Central Arizona



Phase 1 Integrated Health Homes SMI clinics with primary care (beginning May 2012)

1. Choices Midtown
2. Choices South Central
3. PCN Capitol Center
4. PCN Comunidad
5. PIR East Valley Campus
6. PIR Metro Center
7. PIR West Valley
8. SWN Highland
9. SWN San Tan
10. Mountain Health and Wellness

◆ Licensed for integrated health home services

Phase 2 Integrated Health Homes Future SMI clinics with primary care

1. Choices Arcadia
2. Choices Enclave
3. Choices Townley
4. Choices West McDowell
5. PCN Centro Esperanza
6. PIR Hassayampa
7. SWN Bethany Village
8. SWN Garden Lakes
9. SWN Hampton
10. SWN Osborn
11. SWN Saguaro